



GOOD NEWS, BAD NEWS

injured reserve, but fall 4-1 to Ducks

Domestic attack 'extreme': Police

ASSAULT CHARGES

Man rams vehicle into parked semi in alleged attempt to harm wife



Elisha **Dacey** Metro | Winnipeg

Winnipeg police made the rare move Sunday to detail charges in a domestic assault after what they called 'extreme' circumstances.

Const. Jason Michalyshen said a man was arrested after he forcibly confined his common-law wife, 22, in her car, kidnapped her, threatened to kill her and relatives then deliberately drove her car into a parked semi, trapping her inside.

The man was under a protection order not to have contact with her, said Michalyshen.

The ordeal began New Year's Day at about 2 a.m. when the couple started arguing outside of a nightclub in the 500 block of Portage Avenue.

Michalyshen said the man forced the woman into her car and drove around with her before smashing it into the semi on the corner of Arlington and St. Matthews Avenue. He ran away, leaving her injured in the passenger side of the vehicle.

She was rescued by emergency personnel using the jaws of life and taken to hospital, where she is in stable condition.

At about 11:40 p.m., police tracked down Christopher Rutherford, 31, and charged him with attempted murder, two counts of assault causing bodily harm and uttering threats, forcible confinement, kidnapping, overcoming resistance by attempting to choke, suffocate or strangle another person, dangerous operation of a motor vehicle and five counts of failing to comply with the protection order.
"In light of the unique and ex-

treme circumstance the decision was made to make this public," said Michalyshen. "Domestic-related matters we don't typically make public... but after speaking with investigators and in light of the (attempted murder) charge... we certainly wanted to acknowledge this.'

Jets activate Mark Scheifele from



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Your essential daily news

Judge rules Bill Cosby's wife, Camille, must testify in civil case against him.

Province's first openly gay MLA looks back on career

POLITICS

Jim Rondeau leaving politics after 16 years

The early 2000s were not that long ago, but seem like a different era to Jim Rondeau.

Back then, Manitoba's first openly gay legislature member sat on the government's backbench and watched opposition politicians vote against his right to adopt children, enjoy spousal benefits and have other rights equal to heterosexuals.

Even though the (Progressive) Conservatives said each person had their own option to vote how they wanted — it was a matter of conscience — I was really upset that not one Tory voted for it," Rondeau said in an interview at his home.

He was referring to a 2002 bill in the legislature that extended equal rights to same-sex couples.

'It bothered me because ... a number of Tories that I know personally and get along with didn't stand up for the law ... I think in spirit they would have. It's just politically, they didn't."

Rondeau watched as people at public hearings said same-sex couples like him and his partner, Dennis Tam, should not be given equal rights.

"It was very stressful," Tam recalled. "I asked Jim, 'How do you deal with very difficult topics such as this?' And what he told me is, 'You have to do



Jim Rondeau and his partner, Dennis Tam. THE CANADIAN PRESS



I'll also have a bit more time to relax. I like politics and long days, but I also like walking my dog. Jim Rondeau

what is right."

The bill passed, thanks to the NDP's majority, and soon afterward same-sex marriage an issue under federal jurisdiction - was legalized.

Now 56, Rondeau is preparing to leave his 16-year political career behind, knowing things are a lot different than when he started. He is used to uphill battles.

The former teacher ran for a legislature seat in 1999 in what was then a Tory stronghold - a suburban Winnipeg seat called Assiniboia. He didn't make an effort to highlight his sexual orientation, but didn't hide it

He won the seat in a very close race, then was re-elected by wide margins in three subsequent elections.

In the four elections I ran, two people brought it up in a negative sense," he said. "I was pleasantly surprised that it wasn't an issue.'

Rondeau quickly developed a reputation as a hard worker who kept in close touch with his constituents. He was tenacious when he had a goal in mind and same-sex rights was but one of his aims.

Jennifer Howard is a longtime NDP activist who worked in advisory roles for the government during Rondeau's first term and would be elected to the legislature in 2007. She remembers a groundswell of support for same-sex rights from the party's grassroots. There were some New Democrats who resisted the push, including those who thought the party was moving too quickly and risking a political cost. But Rondeau, along with Justice Minister Gord Mackintosh, were among the politicians who saw the effort through.

"Jim was a huge part of communicating ... and making the case why these rights were important," Howard said.

"When I look at the Christmas calendar I sent out this year, there's a picture of me and my wife and our children on there. And I know that without the work of people like Jim, and Gord Mackintosh, probably that picture wouldn't be on that Christmas card."

THE CANADIAN PRESS

HOWARD PAWLEY

for former

Howard Pawley is being remembered as a small-town lawyer who rose to become Manitoba's second NDP premier and one of the central figures behind the province's public auto insurance

Funeral details are pending after he died Wednesday at the age of 81.

Prime Minister Justin Trudeau said Pawley was a remarkable Canadian, widely respected for his championing of human rights, social handout justice and



economic development.

Flags at the Manitoba legislature and at city hall in Windsor, Ont., were lowered to half-mast. Pawley taught law and political science at the University of Windsor after he left politics.

It was while in law school that Pawley met and married Adele Schreyer — the cousin of future Manitoba NDP premier Ed Schreyer. It was Schreyer who talked him into running provincially in Selkirk, a riding he held for almost 20 years. Pawley served as public works and urban affairs minister and as attorney general under Schreyer.

His major achievement was following Saskatchewan's lead to give his province Canada's second government-run auto insurance system. THE CANADIAN PRESS

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Winnipeg | metr@NEWS



Raven ThunderSky called for an inquiry into Zonolite insulation. CONTRIBUTED

Activist dies of cancer

ADVOCAC

Disease linked to asbestos she fought against

A Manitoba advocate for people who suffered from illnesses linked to vermiculite insulation has died of a cancer closely associated with asbestos, her daughter says.

Raven ThunderSky grew up in a home on Poplar River First Nation with asbestos-laced insulation and lost several family members to related illnesses.

Her daughter, Raven-Dominique Gobeil, says Thunder-Sky died on Christmas Eve of mesothelioma at the age of 50.

In 2008, ThunderŠky said she wrote then-prime minister Stephen Harper asking for a public inquiry into Zonolite, the insulation that was frequently made from Montanamined vermiculate and found to contain naturally occurring asbestos.

ThunderSky was also critical when a settlement was offered in a class-action lawsuit against the American company that made Zonolite, saying the amount wouldn't begin to cover the costs of removing the insulation from homes.

Zonolite was popular in Canada from the 1950s until the 1980s, and homeowners were eligible for federal grants to install the insulation from the late 1970s until the early 1980s.

"In the past eight weeks it kind of got the best of her, and in the past two weeks she was just bedridden," Gobeil said of her mother's illness, noting she chose to spend her final moments at home.

"Hospitals are where her sisters and parents died, and she decided she didn't want that for herself," Gobeil said in an interview Sunday.

Zonolite insulation was used in housing on military bases and on First Nations reserves.

Mesothelioma is a rare type of cancer that is often linked with exposure to asbestos. The World Health Organization maintains all types of asbestos can cause lung cancer, mesothelioma, cancer of the larynx and ovary and asbestosis.

ThunderSky was also active in campaigning for a national inquiry into missing and murdered indigenous women.

Gobeil said her mother was too ill to fully comprehend the announcement earlier this month by the federal Liberal government that an inquiry will be held. But she said she was able to understand when a second-degree murder charge was announced in the death of 15-year-old Tina Fontaine, whose body was found wrapped in a bag in Winnipeg's Red River in 2014.

"Even if her activism brought closure to one family, that's one family that can rest easy and doesn't have to wonder forever," Gobeil said.



Even if her activism brought closure to one family, that's one family that can rest easy.

Raven-Dominique Gobeil, daughter

Long-time NDP MLA passes away

A former economics instructor who served in the Manitoba legislature for 30 years has died.

The Manitoba NDP confirmed in a news release that Len Evans has died.

Evans served as the member for Brandon East from 1969 to 1999 and also served as a cabinet minister in the governments of former NDP premiers Ed Schreyer and Howard Pawley.

In 2010, Assiniboine Community College's new trades and technology campus in Brandon was named in his honour.

He told the college's opening

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ceremony that when he first ran for election in 1969, he wasn't expecting to win and informed his family that he would return to his job teaching economics at Brandon University when the campaign was over.

Evans also recounted a story from his first year as an MLA during the speech, when he showed then-highways-minister Joe Borowski the crumbling state of the First Street Bridge in Brandon. At one point, he said Borowski convinced a railway crew to stop shunting boxcars underneath the bridge so he could climb up the side of one

of the cars for a better look at a pillar.

He said Borowski was convinced a new structure was needed and gave Evans a choice — a four-lane bridge right away or a two-lane bridge now and another later.

"Using the old adage that a bird in the hand is worth two in the bush, I said, 'Joe, we will take a four-lane bridge right now.' And indeed we did not have to wait long for construction to start," Evans said.

Funeral services for Evans haven't been confirmed yet.

THE CANADIAN PRESS

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NDP loyalty pledge nixed as 'unwise'

A mystery in Manitoba politics has been solved: The NDP caucus loyalty pledge is no more.

Two government backbenchers, Rob Altemeyer and Dave Gaudreau, came up with the pledge last spring after a bitter leadership crisis divided the caucus.

They asked their colleagues to sign the oath, which required them to swear that they had not leaked secrets to the media, and hung it in the caucus room.

Premier Greg Selinger says the two backbenchers realized the error of their ways.

They were overly enthusiastic in their pursuit of that and I think they understood after that it was unwise," Selinger said.

While the fate of the pledge has been revealed, some questions remain.

For instance, no one is saying how many people signed it.
Altemeyer did not reply to

a request for comment. Gaudreau said the whole matter is behind him.

The pledge is all in the past. We have moved forward as a team," he wrote in an email.

The pledge followed an internal revolt that saw Selinger hang on to his job by a 33-vote margin at a party convention last March. Caucus secrets had been spilling out to reporters for weeks. THE CANADIAN PRESS



The pledge is all in the past. We have moved forward as a team.

Rob Altemeyer



Provincial voting age may be lowered

The Manitoba government's plan to revamp the electoral system could lead to a younger voting age.

Premier Greg Selinger says he is keeping an open mind and awaiting consultations, but believes there are upsides to letting people under 18 vote.

"I think there's even an argument to look at a lower voting age, or participation earlier. A lot of students I meet — young people — are very interested in the political process and bring a lot of good ideas," Selinger said

Selinger recently announced that an all-party task force is to examine possible electoral changes, including whether the current first-past-the-post approach should be replaced. That system can allow a party to win a majority of seats with less than 40 per cent of the popular vote.

Selinger would not express a preference for alternatives such as proportional representation or a preferential ballot.

THE CANADIAN PRESS



Grand Chief Sheila North Wilson said funding is only part of the problem of policing on remote reserves. APTN/HANDOUT

Bolster band policing, First Nations urge AG

LAW ENFORCEMENT

Critics cite bad statistics since program ended

Manitoba's attorney general says he will be pushing for more federal money to help bolster front-line First Nations policing on remote reserves.

Gord Mackintosh says the previous Conservative government's decision to freeze the indigenous policing budget for almost a decade before cancelling a band constable program was "horribly perverse."

"Federal government statistics show that northern Manitoba has about five times the crime rate as the south and indigenous Manitobans are nine times more likely to be victimized," Mackintosh said.

Some 31 communities in Manitoba relied on band constables before the program ended in 2015. The province has stepped in with its own version of the program, but First Nations say the new safety officers have fewer powers, don't have the same relationship with the RCMP and are poorly funded.

Not acceptable. **First Nations**

deserve better. Gord Mackintosh

Grand Chief Sheila North Wilson, who heads Manitoba Keewatinowi Okimakanak and represents northern First Nations, said funding is only part of the problem. Band constables have been demoted to "safety officers" who are simply "the eyes and ears of the RCMP," she suggested.

"They don't really have a lot of authority in detaining when they need to and arresting people when they need to for the safety of the community. They don't have the jurisdiction any more..

"Band constables are potentially violating the Criminal Code every time they detain a person. If this was happening in urban and other rural communities ... this would not be acceptable to any municipality, so this is not acceptable for our First Nations as well.' THE CANADIAN PRESS

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metr@NEWS | Winnipeg Monday, January 4, 2016

OPPOSITION LEADER

Pallister pledges to slash cabinet

Manitoba Opposition Leader Brian Pallister is promising to cut the number of cabinet ministers if he becomes premier, but he's not saying which portfolios he would axe.

Pallister has said he would downsize the 19-member cabinet by about one-third, to streamline administration and reduce costs.

'There will be some reductions, of course, as well in senior staff - deputy ministers and so on," Pallister said.

He wouldn't specify which cabinet positions could go. He suggested some ministers could take on more portfolios or some departments might be merged.

The NDP government has created a few new ministerial posts since taking power in 1999. Healthy Living was carved out of the Health Department. Children and Youth Opportunities was created by combining programs from a number of different existing ministries.

"No disrespect meant to the people who work in those departments," Pallister said. "Some call those billboard ministries - an attempt to create a sense that the government was actually doing something when really they were just creating a name on a door.

Premier Greg Selinger said any government that tries to operate with six fewer ministers would have to cut back on its interaction with stakeholders and the public.

THE CANADIAN PRESS



arges laid in violent spree

CRIMINAL OFFENCES

Two arrested after string of robberies and stabbings



Elisha Dacey Metro | Winnipeg

It's 27 examples of how not to start the New Year.

Winnipeg police say they have arrested a man and a 16-year-old

girl after a string of robberies, threats and stabbings starting New Year's Eve and ending Jan. 2.

Const. Jason Michalyshen said it started on Dec. 31 at about 1:20 a.m., where a young man and a teenager robbed and threatened to kill a cab driver on William Avenue and Ellen Street.

The next day, the man robbed and stabbed a cab driver on Elgin Avenue and Gertie Street, leaving the cabbie with minor upper body injuries.

The man then damaged a car on Elgin Avene and threatened to kill the owner after being

These individuals were active and certainly motivated.

Const. Jason Michalyshen on the antics of both suspects

confronted, before moving on to numerous parked vehicles on Elgin Avenue and Ellen Street. He then stabbed an area resident, leaving him with minor injuries.

Not satisfied, the man then

robbed another cab driver on William Avenue and Isabel Street before calling it a night, said Michalyshen.

On Saturday, police said, the pair walked to a convenience store at about 7:30 p.m. on William Avenue and Isabel Street and tried to force a female customer to buy them something. When she refused, they left the area, but not before police caught up to them near Isabel Street and Bannatyne Avenue a little while later.

"In a very short period of time, (there was) significant vic-

timization," said Michalyshen Sunday. "Thankfully we're not talking about serious injuries, but there's no question, between our cab drivers, the damage to property, the owners of those vehicles being confronted and ultimately a customer at a convenience store...

Kevin Schoffer, 21, has been charged with 27 total offences, including robbery, assault with a weapon and uttering threats. The 16-year-old girl was also charged with robbery, assault with a weapon and uttering threats. Both are in custody.

RENTAL WEBSITES

False Kijiji ad stuns homeowners

A Winnipeg woman has a warning for other homeowners after she found her house listed for rent on the Internet.

Last week, Jeni Descartes said, her husband asked her why their home was listed

Descartes contacted police,

who told her to contact Kijiji and have the ad removed.

The listing turned up on several other rental sites, which Descartes also contacted.

Descartes said she keeps wondering what she will do if a family of renters turns up on the doorstep.

Although her ordeal appears to be over, Descartes said she feels violated.

"This is my home," she said. Descartes encourages other homeowners to check Kijiji and other rental sites to ensure their homes are not listed for rent. THE CANADIAN PRESS

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IN BRIEF

Family jumps to escape fire

A man and a woman had to jump with their baby to escape a fire in Winnipeg. Officials say a man and a woman carrying a fourmonth-old child jumped from a second-floor downtown apartment window on

New Year's Day. They were found lying on the ground when EMS ar-

The woman and baby had minor smoke inhalation, and the man had a broken leg. THE CANADIAN PRESS

Briefly escaped prisoner quickly recaptured

A prisoner is back behind bars after a brief escape in Winnipeg Thursday afternoon.

Correctional Service Canada says Jacques Larente had escaped during an escorted medical leave from the Stony Mountain Institution just before 3 p.m.

Winnipeg police were notified and they arrested Larente at about 4:40 p.m.



Canada | metr

NEWS Monday, January 4, 2016

Concern over vital roads

INFRASTRUCTURE

First Nations leaders zero in on impact of climate change

Wonky weather conditions are prompting aboriginal leaders to raise concerns about the impact of climate change on winter roads, which serve as lifelines for food, fuel and other necessities in several northern communities.

Isadore Day, the Ontario regional chief for the Assembly of First Nations, said the reliability of the northern winter road network is in jeopardy in his province.

The winter roads have essentially become a way of life for the communities and now they can't rely on those winter roads," Day said, noting the network is used to offset the cost to bring essential goods to fly-in reserves by air.

The problem exemplifies why there was outcry from First Nations during the recent COP21 climate change



Ontario Regional Chief Isadore Day is calling for a proper road network into the north. THE CANADIAN PRESS FILE

summit in Paris, Day said. He said if people want access into the north, the only viable way now is to have a proper road network.

NDP indigenous affairs critic Charlie Angus, who represents a northern Ontario riding that includes a number of First Nations communities, said money needs to be invested in sustainable infrastructure.

There has been a longstanding push for permanent roads but climate change has made the issue much more pressing, he noted. "This is the

YOU COULD

front line and this is where the action needs to be taking place now.'

There is "every evidence" Canada's Aboriginal Peoples are indeed on the front lines of climate change, Indigenous Affairs Minister Carolyn Bennett said in an interview with

There will be no road if we don't have an opportunity to speak for ourselves on the issue of climate change.

Isadore Day, the Ontario regional chief for the **Assembly of First Nations**

The Canadian Press.

"I think it is very worrying and I think that as we look not only to Ontario but to Manitoba, the proposals for the eastern road there, it is something that we are looking at and knowing that we've got to build the kind of resilient infrastructure that will deal with the changing climate."

The federal Liberal government is open to examining the impacts of the issue to allow for a long-term strategy to be developed, Bennett added. THE CANADIAN PRESS

Liberal **MP enters** wellness program

Newly elected Liberal MP and former broadcast journalist Seamus O'Regan says he has wellness the canadian program to press file adopt "an

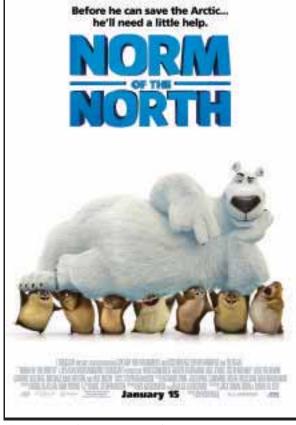


entered a Seamus O'Regan

alcohol-free lifestyle."

O'Regan, who hosted CTV's Canada AM for nearly a decade, announced from his Twitter account on Sunday that he had checked into the program over the holiday break.

"I've decided after consultation with family that I can be most effective as a Member of Parliament by adopting an alcohol free lifestyle," O'Regan tweeted. He added he will return to his duties as a MP for St. John's South-Mount Pearl before Parliament resumes later this month. THE CANADIAN PRESS





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TECHNOLOGY

Tablets keep refugees connected



Sanam Islam Metro | Toronto

When it comes to helping others around the world, most people open up their wallets.

But a non-profit organization based in Toronto called The Rumie Initiative is offering a way to help vulnerable children simply by donating your time.

Rumie provides free digital educational content to underprivileged children in 11 countries through pre-loaded, solarpowered tablets.

In October, after facing a shortage of content for its new Syria campaign, the non-profit opened up an online cloud platform that allows anyone to submit high-quality educational content that can be used by the



Tariq Fancy CONTRIBUTED



Syrian refugees are resuming their education with the help of Rumie's solar-powered tablets. CONTRIBUTED

millions of Syrian refugees living in camps.

The information is then loaded on Rumie tablets and distributed to those in need.

"The fact that we're able to say you can give your money, but you can also give your time, is something that's kind of novel," said Rumie founder Tariq Fancy. "I think it's exciting, and volunteering online will only increase in the next several years."

Fancy, 37, gave up a lucrative career as an investment banker on Wall Street to start Rumie two years ago. In addition to putting his savings into the initiative, his degree in international development also came in handy when developing a strategy.

"Underprivileged children are underperforming because there are barriers to education," Fancy said. "By using tablets, we're providing education in way that's cheaper, faster and more efficient."

It also appears to be more

"We've heard from our partners that kids are far more engaged than with paper alternatives. They're excited to use technology they've often never seen," Fancy says.

Each tablet costs \$50 to produce, and, to date, Rumie has distributed thousands of them all over the world, Fancy said. He says he hopes to expand the program to more places, such as Jordan and Turkey, in the metr

NEWS World Monday, January 4, 2016

borders crumbles

Since it opened in 2000, the Oresund bridge between Sweden and Denmark has been a towering symbol of European integration and hassle-free travel across borders.

On Monday, new travel restrictions imposed by Sweden to stem a record flow of migrants are transforming the bridge into a striking example of how national boundaries are re-emerging. A year of clampdowns on migration and terrorism has all but killed the idea of a borderless Europe where you could drive or train-hop from Spain to Norway without showing your passport.

"We're turning back the clock," said Andreas Onnerfors, an associate professor in intellectual history. "We're going back to a time when the bridge didn't exist," he said, referring to new ID checkpoints.

The move is meant to stop undocumented migrants from reaching Sweden, which reversed its open-door policy after receiving more than 160,000 asylum-seekers last year, mainly from Syria, Iraq and Afghanistan.

It follows the reintroduction of border checks in Germany, Austria, France, Belgium and other countries in what's supposed to be a passport-free travel zone spanning 26 nations.

The moves are supposedly temporary, but are likely to be extended if Europe's migrant crisis continues in 2016.

"It's basically every country for itself now," said Mark Rhinard, an expert on the European Union.

It's a significant development that strikes at the heart of the EU project — the free movement of goods and people across borders.

Greece's coast guard says 217 migrants have been rescued by authorities since the start of 2016 in four separate incidents. The first casualty of the year, a boy, died on Saturday when an inflatable dinghy carrying 40 people was thrown into rocks off the Greek island of Agathonisi. The others were rescued, including a woman who had been thrown at sea during the crash.



Clampdowns on migration, terrorism have set back the **EU project.** THE ASSOCIATED PRESS

Idea of no Armed protesters call out for militias

Standoff is over local control of public land

The remote high desert of eastern Oregon became the latest flashpoint for anti-government sentiment as armed protesters occupied a national wildlife refuge to object to a prison sentence for local ranchers for burning federal land.

Ammon Bundy — the son of Nevada rancher Cliven Bundy, who was involved in a 2014 standoff with the government over grazing rights was among the people at the headquarters of the Malheur National Wildlife Refuge. It was unclear how many people were taking part in the protests.

Ammon Bundy posted a video on his Facebook page asking for militia members to come help him. He said "this is not a time to stand down. It's a time to stand up and come to Harney County," where Burns

Bundy and other militia members came to Burns last month, a small town 450 kilometres southeast of Portland, Ore. They were upset over the looming prison sentences for local ranchers Dwight and Steven Hammond. They went to the wildlife refuge Saturday following a rally to support the ranchers.

Dwight Hammond, 73, and Steven Hammond, 46, said they lit the fires on federal land in 2001 and 2006 to reduce the growth of invasive plants and protect their property from wildfires. The two were convicted of the arsons three years ago and served time - the father three months, the son one year. But a federal judge ruled in October that their terms were too short under U.S. minimum-sentencing law and ordered them back to prison for about four years each.

The decision generated controversy and is part of a decades-long dispute between some Westerners and the federal government over the use of public lands. Critics of the push for more local control have said the federal government should administer the public lands for the widest possible uses, including environmental and recreation.

In an interview posted on Facebook, Bundy said he and others are occupying a building at the refuge because "the people have been abused long enough." He said the group planned to stay indefinitely.

Dwight Hammond has said he and his son plan to report to prison Monday as ordered.

Harney County Sheriff Dave Ward said the armed protesters came under false pretenses. 'These men came to Harney County claiming to be part of militia groups supporting local ranchers, when in reality these men had alternative motives to attempt to overthrow the county and federal government in hopes to spark a movement across the United States," he said in a statement. THE ASSOCIATED PRESS



Protesters march in support of an Oregon ranching family facing jail for arson. Family members have served time but a judge ruled the terms were too short and ordered them back to prison for about four years each. LES ZAITZ/THE OREGONIAN/THE ASSOCIATED PRESS



Iranians protest against the execution of Sheikh Nimr al-Nimr, a Shiite cleric in Saudi Arabia. VAHID SALEMI/THE ASSOCIATED PRESS

Saudi Arabia cuts its ties with Iran

Saudi Arabia announced Sunday it was severing diplomatic relations with Shiite powerhouse Iran amid escalating tensions over the Sunni kingdom's execution of a prominent Shiite cleric.

The move came hours after protesters stormed and set fire to the Saudi Embassy in Tehran and followed harsh criticism by Iran's top leader of the Saudis' execution of Sheikh Nimr al-Nimr.

Saudi Foreign Minister Adel al-Jubeir said Iranian diplomatic personnel had 48 hours to leave his country and Saudi diplomatic staff in Iran were

The mass execution of al-Nimr and 46 others — the largest in three and a half decades — laid bare the sectarian divisions gripping the region as demonstrators took to the streets from Bahrain to Pakistan in protest.

It also illustrated the kingdom's new aggressiveness under King Salman. During his reign, Saudi Arabia has led a coalition fighting Shiite rebels in Yemen and staunchly opposed regional Shiite power Iran, even as Tehran struck a nuclear deal with world pow-

Al-Nimr was a central figure in Arab Spring-inspired protests by Saudi Arabia's Shiite minority until his arrest

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Making it on social media

CONTENT CREATION

Lucrative for some, struggle for others

When online personality Essena O'Neill "quit" social media, she gained a wave of media coverage. The 19-yearold Australian said she earned close to \$2,000 per post on her social-media channels without being a conventional celebrity.

South Korean singer Psy earned \$5.9 million for his viral hit, Gangnam Style. The number of YouTube channels earning six figures is up 50 per cent from 2014, according to a company spokesman.

More people than ever are making a living online. How much are they banking - and how are they cashing in?

YOUTUBE: If you create your own content, you can become a YouTube partner and receive a small percentage of ad revenue from clips before your video or on in-video banners. How much can you make? James Dodds III of sketch com-



Essena O'Neill said she earned close to \$2,000 per social-media post before she "quit" the platforms. ESSENA O'NEILL/INSTAGRAM

edy group TrueNuff.tv said he received about \$1.57 per 1,000 views. But not all are so successful. Gaby Dunn of comedy channel Just Between Us, which has 500,000 subscribers, recently wrote they are "barely

scraping by" and the money was "unpredictable" and "not enough to live.'

VINE: The short-form video platform doesn't run ads like Youtube, but that hasn't stopped creators from earning six-figure salaries. Mainstream brands are increasingly turning to Vine stars for content creation to engage with users as naturally as possible.

How much can you make?

Cody Johns, who has 3.6 million followers and more than a billion Vine views, told Business Insider one video campaign can net him upward of \$20,000. Rob Fishman, who co-founded digital-advertising group Niche, says the top creators can receive \$50,000 for

one six-second clip.

INSTAGRAM: Users can make money from gaining followings and offering that audience to advertisers. Typically, creators make money on the platform through product placement or being hired to garner publicity by posting event photos.

How much can you make? Canadian style, fashion and travel blogger Ania Boniecka, who has just over 100,000 followers, said a single photo could net her \$500. Anthony Danielle, co-founder of the Mobile Media Lab agency, has said more than 100,000 followers can net \$700 to \$900. More than 500,000 followers could be worth \$2,000 to \$3,000, and \$4,000 is the most Instagrammers have been paid, says a Yahoo article. TORSTAR NEWS SERVICE

Google offering solar tips

The company that lets you compare air fares and translate foreign languages online wants to make it easier to weigh the costs and benefits of installing solar panels on household rooftops.

Google is rolling out a new online service that quickly tallies up considerations of going solar and whether homeowners should consider buying or leasing photovoltaic panels costing thousands of dollars. Google's Project Sunroof combines the eye-in-the-sky images behind Google Earth with calculations on how much shade trees cast over a rooftop, data on local weather patterns, industry pricing and available subsidies to arrive at its bottom line.

Interested potential customers are referred to solar-panel installers for further follow-up, cutting their marketing costs, said Carl Elkin, the senior software engineer behind the service. "We at Google believe in solar energy. The solar industry needs our help," he said. THE ASSOCIATED PRESS

Food co-operatives becoming a rarity

Food co-operative programs that allow members to scoop rice, sort organic vegetables and ring up sales in return for grocery discounts are fading fast amid a changing marketplace and fears of violating labour laws.

The "member labour" or volunteer programs are intertwined with the do-it-yourself idealism that launched a wave of co-ops in the '70s. But they have become rare.

At Honest Weight Food Co-Op in Albany, N.Y., an effort to drop its volunteer program has riled members. Supporters say the involvement of member-owners differentiates

co-ops in an age when even strip-mall supermarkets sell locally grown produce.

Working member programs were a basic feature of co-ops, launched decades ago during a flush of interest in natural living and alternatives to big capitalism. The programs offered cheap labour for stores

with little capital.

The larger issue weighing on the board at Honest Weight and other co-ops is the fear that labour officials could classify their working members as employees rather than volunteers, leaving them open to charges they are violating minimumwage rules. THE ASSOCIATED PRESS



Shoppers fill containers in the bulk department at Honest Weight Food Co-Op in Albany, N.Y. MIKE GROLL/THE ASSOCIATED PRESS

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Your essential daily news

Monday, January 4, 2016

THE BIG THING: LIFE BEYOND EARTH

On planets right in our own Milky Way galaxy (which, to be fair, is pretty big at 9.5 hundred quadrillion kilometres across), there could be primordial soup brewing, life evolving, even whole societies developing and collapsing. We just don't know. But researchers are getting light-years closer. In a paper published this week in the journal Science Advances, a team including scientists from the University of British Columbia explains how they discovered a new, and more accurate, way to characterize extremely distant stars - including ones that may have orbiting planets hospitable to life. It's a step towards eventually meeting up with whomever or whatever may call those unknown worlds home. Source: CHRISTIAN SCIENCE MONITOR



Roadside reflections on the far-too-busy season

Shannon VanRaes



They say a change is as good as a rest.

Of course I'm not really sure who "they" are, but if the old adage is even half true, I welcome the arrival of 2016. The glorified deluge of cheer, friends and family during the holiday season can be exhausting. Holidays mean there are gifts to buy, parcels to mail, groceries to get, drunk rela-

Here's to spending more time waiting on the side of the road, playing in the snow.

tives to corral and turkey fires to extinguish.

And just when you have eaten your last forkful of reheated poultry, you realize New Year's Eve is barrelling down, begging to you improve your life by adding some arduous new goal to your list of things to do.

I had a lot of time to think about this last item before New Year's Eve arrived — more time than I would have liked, after a vehicle breakdown left me walking to and fro, searching for assistance, as helpful motorists blasted their horns in apparent solidarity with my plight.

As inconvenient as being stranded on the side of a road was, it gave me time to think, time to slow down, time to simply not do anything other than wait and reflect on the season. Well, that and build a tiny snow Inukshuk, which, in lieu of a working phone, I optimistically believed would signal my successful departure from the scene to those arriving to look

In the end, the tow truck did arrive and it was the driver himself who summed up my thoughts.

The driver, a man who came to Winnipeg from Ethiopia, said there was one thing he'd noticed about people who live in Canada: They work too much, and it doesn't make them any happier. Life here

It's true. Life here is too fast, and as a result the time of year when family and friends should be cherished often becomes another unending list of tasks to complete and boxes to check before returning to the long work hours our culture and economy de-

Even New Year's resolutions have become just another shoehorn, designed to squeeze more work into our lives. Instead of an act of self-reflection or improvement, resolutions can easily become nothing more than a harbinger of failures to come, as we aim for the wrong targets.

So as 2016 crawls through its first days of infancy, I have decided to make a resolution after all. I have resolved that in 2016 I will do less and experience more. Here's to spending more time waiting on the side of the road, playing in the snow.

Shannon VanRaes is a Winnipeg-based journalist and photojournalist who spends her days contributing to the Manitoba Co-operator and her nights covering urban affairs. She can be reached on Twitter @ShannonVanRaes.

ROSEMARY WESTWOOD

metroview

A new New Year's resolution: Enjoy exactly who we are

It's the title of a book of daily religious reflections Mum gave me a few years ago. I spent a while trying to read each meditation, but it's the title that has stuck.

Holidays, even among a large and loving family like mine, are not simple bliss. We had at least two minor dramas that I'm aware of, a new rescue dog with a penchant to nip at the kids, far too much kitchen time for my parents, elbow deep in dishes or a turkey, the general mayhem of a house packed with dozens, and hangovers.

I didn't see everyone I wanted to, or call everyone I should have. And each of my three siblings is juggling some confluence of life's stress: trying to find a new home in Vancouver that's big enough and just this side of affordable, while making a mark in a new job; training the Mexican rescue dog who looks like Dobby the house-elf (loveable, but unpredictable); going back to school as an adult and fretting over grades and debt.

Just before Christmas dinner, Dad stood up at the head of the table. Westwoods don't give each other gifts (we do secret Santa) — but everyone

It's redundant to say no life (no holiday) is perfect.



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makes each other cards. It's a serious requirement. No storebought allowed. This year, Dad didn't just make us cards he wrote us poems. And then he performed them.

One by one, eldest to youngest, he recited slant rhymes that captured our lives, at this moment. They were sweet, tinged with his offbeat humour.

He didn't gloss over our questionable histories, and noted I can "be goaded to debate fiercely on topics of gender" — a reference to a run-in we had when I was taking a gender theory class in university.

But each one ended on the same theme: Look how far you've come. And: You're doing just fine. Also: We love

It is pat to say nothing is simple. It's redundant to say no life (no holiday) is perfect. Still, every snag can come as a surprise. An inconvenience is never foreseen, even though every day holds one. And yet for many of us, when it's put into perspective via a poem written by your dad, life really

The new year is often a time to reset what we want to be. But what if, instead of imagining who we want to be, we decided to enjoy exactly who we are, and where we

All will be well, the book says. And all is well, too.



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How do you choose the right RSP for you?

NEST EGG

Finding the right fit comes down to your knowledge and expectations

Michelle Williams

You're thinking about opening a retirement savings plan. That's a good thing. Aside from the obvious benefit of creating a nest egg for your retirement, you may also get a nice deduction on your upcoming tax return.

And the savings you put away can have several years of tax-deferred growth before you with-draw the money.

Many rookie investors think that once you decide how much to put into your RSP, you're done. However, you also have to decide where and how you want to invest the money — which vehicles and products to use.

"Once you're ready to invest, you have to decide on your RSP type," says Kurt Rosentreter, a financial advisor and chartered accountant. "One option is to explore the group plan that may be offered by your employer." This type of plan is sponsored by your employer, who may top



Thinking about opening a retirement savings plan? First you have to decide where and how you want to invest the money. ISTOCK

up or match your contribution. "It's wise to take advantage of this because the employer's contribution is like free money."

An RSP is a "portable asset," says Kathleen Peace, partner and wealth advisor at Woodgate Financial Inc. and Investment Planning Counsel. "So if you leave your job, you can take it to any financial institution."

Another benefit is that you can

arrange to have contributions automatically withdrawn from your pay, so you won't miss the money. But you may not be happy with the investment options your employer's plan offers. If you're looking for more control of your investments, another option is to set up an individual plan with your bank.

"In this case, you deposit your money into an RSP account and you can choose to buy the bank's financial products according to characteristics like your risk tolerance and your financial goals," explains Rosentreter.

For those interested in doing their own investing, "self-directed RSPs can be managed online. You can do this through most financial institutions," explains Peace. "This is an attractive option to the investor who wants to select and manage their investments themselves and pay minimal transaction fees."

Remember to take stock of your own goals and expectations before choosing an investment.

"How and where you invest should be aligned to your risk tolerance, time horizon, tax bracket, financial knowledge, return expectations, retirement goals and other factors," says Rosentreter.

Individual vs. spousal plan

When you contribute to an individual plan, you make the contribution and you get the benefit of the tax deduction. But sometimes it's worth considering a spousal or common-law RSP.

"Usually it's the higher-income earner making a contribution to their spouse's RSP," says wealth advisor Kathleen Peace.

"The higher-earning spouse gets the tax deduction but the lower-earning spouse owns the investment. When it comes time to withdraw funds from the RSP, the couple can better manage their taxes by income splitting, as long as the spouse's contribution has remained in the plan for at least three calendar vears.

The decision to open a spousal RSP, says financial advisor Kurt Rosentreter, should take into account "your incometax bracket today and in the future for you and your spouse, your investment strategy, and your overall retirement plan."

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Your essential daily news

Five kilometres open along Germany's first bicycle freeway that will connect 10 cities

HOROSCOPES

What's the year have in store? Take a look at the stars

Sally **Brompton** For Metro Canada



(March 21 - April 20)

Mars, your ruler, moves into passionate Scorpio at the start of the year, making it impossible to deny your feelings. Whatever it is that moves you - emotionally, mentally, intellectually or even spiritually — that is what you must dedicate yourself to in 2016. But don't overdo it. Jupiter's retrograde phase from January to May warns you cannot charge at life at 100 miles per hour all the time. Make quality work your goal and get creative (write a book, record a song, launch a vlog) in April and August when the Sun's influence is at a peak, then sit back and enjoy the applause in the fall.



A solar eclipse in the friendship area of your chart in March means you will be expanding your area of activity, discovering new places and meeting new people. Who knew you could be so adventurous! But there are old scores to settle as well and the influence of Mars in January and February, then again in June and July, will encourage you to assert yourself in one-to-one situations. Be blunt if you have to. Let loved ones and work colleagues know you will no longer dance to their tune — not because it's a bad tune but because you've got one of your own.



Gemini

(May 22 - June 21)

Saturn and Uranus will pull you in opposite directions in 2016, Saturn trying to keep you tied to the past, Uranus trying to show you how wonderful the future could be if you have the courage to let go and go with the flow.

Mars in adventurous Sagittarius in August and September should tip the balance in Uranus' favour and come the close of the year you will be moving in a radical new direction. Relationshipwise you'll need a strong and steady partner to anchor your need for thrill-seeking in the real world of work and family and making ends met. A marvellous roller-coaster year!



Cancer (June 22 - July 23)

The solar eclipse in your fellow Water sign of Pisces on March 9 will encourage you to look further afield for things to inspire you. Even if you are one of those stay-at-home type Cancers you will want to travel this year, and your wanderlust will take you to some fantastic places where you meet some remarkable people. By the time of the second solar eclipse of the year, in September, you may have put down roots in a completely new environment. Alternatively, you can stay where you are and

expand your awareness through books and study. The world of the mind is your playground.



(July 24 - Aug. 23)

Mars, planet of action and ambition, moves through the most dynamic area of your chart from March to May and again through August and September and these are the best months by far to begin some kind of creative or artistic endeavour. Never doubt you have what it takes to be the biggest and the best. Never doubt you have the talent to see your name up in lights. Success will be all the more enjoyable, of course, if you can share it with someone special and Venus in the partnership area of your chart from mid-February to mid-March is sure to bring love into your life.



(Aug. 24 - Sept. 23)

Jupiter's retrograde phase from January to May will in some way hold you back from realizing your dreams and it's inevitable you will feel frustrated. But when the planet of good fortune turns in your favour again there will be no stopping you and by the time of the solar eclipse in your sign on Sept. 1 your life will be transformed. It's likely you will come into money later in the year and you should use what you gain to enrich both yourself and those you are closest to emotionally and mentally. Virgo never stops learning. What will the next stage of your edu-

(Sept. 24 - Oct. 23)

Jupiter's move into your sign in early September will in some way or other reward you for the patience and commitment you have shown through the rest of the year. Libra may be the sign of the balance but sometimes it is hard for even you to keep your cool, especially when planet Uranus seems so determined to disrupt both your domestic arrangements and your relationships. But life is a learning experience and come December, when Jupiter really starts to shine, your ability to see both sides of every story will put you at a huge advantage. Be amazing, Libra!



Scorpio (Oct. 24 - Nov. 22)

Mars in your sign at the start of the year will endow you with a huge surge of energy and in both your career and your private life you will be making changes left, right and centre. Not only that but a second visit of Mars to your sign in June and July will give you a second bite of the cherry - and help you clear up some of the mess you made earlier in your headlong rush to be a success. The other big influence is Jupiter, which remains in the friendship area of your chart until September. It's there to remind you that you can't do it all on your own.



Sagittarius (Nov. 23 - Dec. 21):

Sagittarius and Saturn both begin with the letter S but there the similarity ends. Sags are carefree and love taking risks, while Saturn is cautious and not one to gamble. So, with Saturn in your sign throughout the year there is sure to be tension, but tension can be creative, and financially lucrative, if you plan ahead and accept the need to compromise. If you start the year slowly (by your standards at least) you can build up a head of steam that will make you unstoppable when Mars moves in your favour in August and September. For Sagittarius, there is no such word as "cannot."



Capricorn (Dec. 22 - Jan. 20)

Pluto in your sign will continue to change your life in subtle yet far-reaching ways and as early as Jan. 6, when Pluto joins with the Sun, then again on Feb. 6, when

love planet Venus gets in on the act, your outlook, your lifestyle, indeed your very Capricorn DNA will undergo a transformation, though it may not seem that dramatic at the time. Where will this leave you? Energized and liberated, free to follow your own emotional and creative needs. You will still have responsibilities, of course, but they will no longer hold you back from fulfilling your limitless potential.



Aquarius (Jan. 21 - Feb. 19)

The lunar eclipse in your fellow Air sign of Libra on March 23 will sweep away restrictions and by the time a new moon in the same sign comes around at the start of October you will be on a completely new path through life and loving every moment of it. Not everyone will be as delighted as you though and some relationships will fall by the wayside, but it's your chance for a new beginning and you have no intention of letting it pass. Aquarius has as much right to shine as anyone else and you intend to dazzle and delight every chance you get.



Pisces (Feb. 20 - Mar. 20)

Jupiter, planet of good fortune, stays in the partnership area of your chart until September, by which time you will be on excellent terms with people who can help you move closer to realizing your dreams, and as the solar eclipse on Sept. 1 brings one major project to a successful conclusion you will quickly move on to the next. Saturn's ongoing influence will find ways to remind you that only quality work counts, but you won't need much guidance. On every level mental, emotional, professional and financial - you know a good thing when you see it: yourself!



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JOHANNA SCHNELLER WHAT I'M WATCHING

Grace in an unexpected place



Transparent creator Jill Soloway teases out the show's scenes that give viewers startling insight into the characters. CONTRIBUTED

2, Episode 10 (Shomi) THE MOMENT: The Embrace

Maura Pfefferman (Jeffrey Tambor), a 60-something transitioning, transgender woman, lies on a bed with Vicki (Anjelica Huston), who's had a double mastectomy, astride her.

"I don't know what to do," Maura whispers. Slowly, slowly, they begin to have sex.

The camera doesn't cut

It stays steadily on these two imperfect people.

So unaccustomed are we to seeing that, that at first it feels invasive, even merciless. But if you don't flinch, you'll realize that what you're witnessing is a moment of grace.

I'm so in love with this show I don't know where to begin.

To focus on a serious scene risks minimizing how slyly hysterical it is, how uncountable the witty lines and brilliant muttered asides, how effortlessly the actors throw them away.

You could watch Transparent for the laughs alone, and they would be smarter and more numerous than on any other show.

But creator Jill Soloway isn't content with that she also gives us scenes of startling insight and intimacy, which she builds up to so skillfully that someone dancing with her reflection; or eating from a microwave, naked and alone in the dark; or hanging on the side of a pool, talking to her sister about sex, will make you

And when, in the last two episodes, Soloway brings together the many seemingly disparate strands she's been teasing out — well, if you were standing up, your knees would buckle.

Seriously, this show is a game-changer.

Nothing else comes close.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

off 2016 by putting to rest

or him trying to woo back

those pesky dating rumours

— like Kourtney Kardashian,

Selena Gomez — because

the Biebs rang in the New

Year "sucking face" with

additional rumoured girl-

friend Hailey Baldwin at

Richie Akiva's villa party

One Direction's Zayn Malik

Speaking of pop stars' dat-

ing lives, exactly how close

are former One Direction

strikes a pose for Gigi Hadid

in St. Barts.

member

Zayn

Málik

and

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Boston Marathon film celebrates spirit

America's marquee marathon is ready for its closeup.

Boston, the first feature-length documentary film about the Boston Marathon, is in the works. Its creators say the movie will go well beyond the 2013 bombings to retrace the iconic footrace's first steps in 1897.

"Over the years, the Boston Marathon has had so many extraordinary stories of people achieving and accomplishing things," said producer Megan Williams, an Oscar-nominated filmmaker. "It's like looking at cultural and social change over the last century through the lens of this major sporting event."

Two feature films (one starring Mark Wahlberg), a stage play and an HBO special also are in production, though they're all about the 2013 finish line attacks that killed three spectators and wounded more than 260 others.

No Boston documentary would be complete without the dark events of 2013. Boston, however, will focus less on the chaos than the comeback. The producers had 56 cameras along the course in 2014 for the marathon's first running since the bombings.

Director Jon Dunham said the city's determination to take back its namesake race will be a recurring theme in the movie, which was conceived before the attacks.

But the film will be a sort of highlights reel from the 120-yearold marathon, the nation's oldest. The Boston Athletic Association gave Dunham exclusive rights to its archive for the film.



Meb Keflezighi wins the 118th Boston Marathon in 2014. Keflezighi was the first American man to win the race in 31 years. Boston is set to premiere in April 2017. THE ASSOCIATED PRESS

GOSSIP BRIEFS

Camille Cosby must give deposition against Bill

A federal judge has denied a motion by Bill Cosby's wife to throw out a subpoena requiring her to give a deposition in a lawsuit brought by seven women who accuse the comedian of sexually assaulting them decades ago. The ruling issued Thursday by U.S. Judge Magistrate David Hennessey in Springfield, Mass., means Camille Cosby is scheduled to be deposed by lawyers for the women on Wednesday. In his 12-page decision, Hennessey said Camille Cosby failed to prove that she and her husband were protected by the state's marital disqualification law. He also rejected claims that the value of the testimony would be outweighed by the "undue burden" it would cause.

Bieber locks lips with **Hailey Baldwin** at NYE bash It looks like Justin Bieber is hoping to kick

Hadid getting? Close enough for her to post photos of his bare chest to Instagram. Oh, and there was an adorable kitten in the pic, too, so it's basically peak Internet. Hadid posted the black-and-white photo without comment, just a simple image of Malik's headless torso cuddling her

beloved cat, Cleo. Fans easily recognized Malik by his tattoos. NED EHRBAR/METRO

ROBOCOP TERMINATOR

Which '80s cyborg wore it better?

RoboCop and The Terminator are two of the most iconic sci-fi films of the 1980s. Both are set in a post-apocalyptic world where man and machine merge in an unforgettable cyborg. The franchises even spawned a four-issue comic-book crossover by cartoonist Frank Miller in 1992. But head-to-(metallic)-head, which futuristic cyborg ruled

Best Mission In RoboCop, police officer Alex Murphy (played by Peter Weller) is killed by a gang of thugs, then revived and transformed by a mega-corporation into the ultimate (and shiniest) beat cop. In The Terminator, Arnold Schwarzenegger famously plays a cyborg assassin who travels back in time to stop the saviour of humanity. As far as missions go, that one's hard to top. Winner: The Terminator

Best Outfit While the Terminator has snazzy wraparound shades and a punky leather jacket. RoboCop gets a chrome bodysuit with built-in weapons and sleek sound effects. Winner: RoboCop, obviously.

> **Best Setting** The Terminator prowls the suburban sprawl of '80's L.A., while RoboCop patrols the mean streets of dystopian Detroit. Winner: Both look equally scary. This one's a draw.

Best Ride RoboCop's 1985 Ford Taurus may be the most ordinary supercar in movie history, though it did have an onboard computer member, this was back in the '80s). The Terminator

drives an assortment of stolen cars, including a '70s-era Chevy Nova. which he plows through a police station.

Winner: RoboCop

Winner: The Terminator, baby.

Best Catchphrase RoboCop's two most memorable lines are his understated warning to evildoers ("Dead or alive, you're coming with me") and his ominous advice for Detroit's youth ("Stay out of trouble"). But neither had the cultural cachet of the Terminator's unstoppable "I'll be back" — Arnie even used it on the campaign trail for governor of California.

Whether you're a Robo-rooter or a member of Arnie's army, you can relive both movies in all their '80s glory this month on Hollywood Suite. Check out RoboCop and The Terminator back-to-back on January 12, uncut and commercial-free. Take advantage of Hollywood Suite's free preview, or sign up for only \$6 (or less) a month. Hollywood Suite takes you back to the '70s, '80s, '90s and 2000s with hundreds of movies on 4 HDTV Channels, Hollywood Suite

On Demand and the Hollywood Suite GO app. Learn more at

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Content Solutions

Keep an eye on your money

Make it a resolution to take control of your wealth

Gail Vaz-Oxlade For Metro Canada



have been letting the other guy handle the money, I've got a strong cup of coffee here for you: Take a sniff. While it may seem easier to let buddy deal with the dollars, that'll only save you some short-term fighting.

In the long term, you might find your family's financial reins are knotted up pretty badly.

Some people are unwilling to do the daily discipline of good money management; they'd rather leave it to their mates to manage the minutiae.

Others don't want to know the mess they've made. And someeven smart, hard-working folks - just haven't figured out that not everything you want you can have right away. You need a plan.

Whenever you abdicate responsibility for dealing with the

day-to-day of your money, whether you say, "Oh (s)he's better with the details," or "I just don't have the time," you're giving away control of your wealth.

If you don't know what the hell is going on with your money, you shouldn't be surprised to wake up broke. And giving it away isn't just handing over the money management to your mate. It's also letting someone else make your investment decisions, allowing someone else to tell you how much money you can afford to borrow, and letting yourself get pushed into decisions you aren't absolutely convinced are good for your longterm financial health.

You work hard for your money, why won't you spend a little time paying attention to what you're doing with it? And what it's doing for you.

Money management may not be the most exciting part of your life; not everyone gets turned on counting up their coins.

But it beats the heck out of having to deal with the negative fallout of having not paid attention. And, you know what? It doesn't take all that much time.

This week make a date to sit down with your mate and go over your money.



This week, make a date with your partner to go over your finances, istock

From how much you're spending on food, to when you expect to be debt free, to when you'll need to update your will, the conversations you have will lay the foundation for sharing your wealth.

If you have "people" who are managing your investments, insurance, estate plan, taxes... whatever, make an appointment to review how things sit.

Waiting for their once-a-year

obligatory call isn't good enough. And, for heaven's sake, stop

thinking that those people have your best interests at heart. They are in business to make

money. No one gets wealthy by ac-

cident. Pay attention to your

For more money advice, visit Gail's website at gailvazoxlade.

metr





The Cleveland Browns had no comment on a report that injured QB Johnny Manziel went to Las Vegas on Saturday

Griffins score win over **Moose**

The Manitoba Moose had their hands full in their matinée matchup with the Grand Rapids Griffins on Sunday, falling 4-1 in front of 8,122 at MTS Centre.

Outshot 10-0 and trailing 1-0 just six minutes into the opening frame, the Moose had a steep hill to climb against the Griffins, now 19-10-0-1.

Tyler Bertuzzi assisted on both of Grand Rapids' first-period goals, as Anthony Mantha fooled Moose netminder Eric Comrie with a glove-side wrister from the top of the circle and Mark Zengerle took advantage of a Moose turnover and quickly buried the eventual game-winner late in the frame.

SUNDAY At MTS Centre





Manitoba generated a couple of quality chances from in close but were unable to best Griffins goaltender Jared Coreau, who finished with 25 saves for his 15th victory of the season.

Eric Comrie was busy stopping 33 of 36, while Zergerle added a late empty-netter.

Austen Brassard notched Manitoba's only goal late in the third.

The Moose (9-17-1-3) continue their season-long eight-game homestand with a rematch with the Griffins on Tuesday before two-game sets against Toronto and Lake Erie through Jan. 13. DARRIN BAUMING/FOR METRO



Drouin's agent confirms trade request with Bolts

The agent for Tampa Bay forward Jonathan Drouin said Sunday that he made a trade request with the Lightning over a month ago. The third overall pick in 2013 has eight points in 19 games this season. He was assigned to AHL Syracuse on Saturday. THE CANADIAN PRESS



Mario Butler of the Bills breaks up a pass intended for Jets wide receiver Brandon Marshall in Orchard Park, N.Y., on Sunday. TOM SZCZERBOWSKI/GETTY IMAGES



Quarterback Peyton Manning returned to action, sparking the Broncos offence to a win over the Chargers in Denver.

DOUG PENSINGER/GETTY IMAGES



Panthers quarterback Cam Newton congratulates receiver Devin Funchess on catching a touchdown against the Buccan-

Panthers, Broncos wrap up conferences' top seeds

Ryan and Bills deny Jets a trip to post-season

Carolina closed out its remarkable season by wrapping up home-field advantage in the NFC. Denver turned to Peyton Manning to take advantage of New England's slip-up in the AFC. And Rex Ryan made certain to continue the New York Jets' playoff drought.

Carolina and Denver wrapped up the No. 1 seed playoff seeds in each conference by winning at home on the final day of the regular season on Sunday. Carolina routed Tampa Bay 38-10, while Denver held off San Diego 27-20 to win the AFC West title.

New England will be the No. 2 seed in the AFC after losing at

PLAYOFF TEAMS

AFC

- 1) Denver (12-4)
- 2) New England (12-4)
- 3) Cincinnati (12-4)
- 4) Houston (9-7)
- 5) Kansas City (11-5) 6) Pittsburgh (10-6)

NFC

- 1) Carolina (15-1)
- 2) Arizona (13-3)
- 4) Washington (9-7) Others: Green Bay.
- Minnesota, Seattle (10-6)

Miami, while Arizona will have the other bye in the NFC despite getting routed 36-6 by Seattle.

Denver's victory finally settled the AFC playoff picture. Cincinnati is the No. 3 seed and will host AFC North rival Pittsburgh in a wild-card game, while AFC South champion Houston is the No. 4 seed and will host Kansas City, winners of 10 straight

The NFC playoff picture wasn't to be fully settled until

after the completion of Sunday night's game between Minnesota and Green Bay. Seattle's blowout win over the Cardinals means the Seahawks will avoid a trip to Lambeau Field to open the playoffs as long as the Packers and Vikings didn't finish in a tie. The winner between the Vikings and Packers will be the No. 3 seed.

Washington, which closed the season with its fourth straight win, is the fourth seed and will host the No. 5 seed.

The highlight of the day was Ryan and the Buffalo Bills stopping the Jets from making the playoffs and giving the Steel-ers the final playoff spot in the AFC. The Bills beat the Jets 22-17, while Pittsburgh knocked off Cleveland 28-12, the only results that would have gotten the Steelers into the post-season. The Jets have not made the playoffs since 2010.

"I've got a lot of friends over there, and I want them to be successful, but not at my expense," Ryan said.

Ryan has plenty of friends in the Steel City now.

"A lot of thanks to coach Ryan and the rest of the Bills and everybody in Buffalo," Steelers quarterback Ben Roethlisberger said. "I know they're excited about 8-8 and we're excited they

PINK SLIPS

Hours after losing to the Steelers, Browns owner Jimmy Haslam fired coach Mike Pettine and general manager Ray Farmer following their second straight losing season in charge. Pettine went 10-22 in two years.

Denver struggled in the first half against San Diego before inserting Manning in place of Brock Osweiler at quarterback and holding on late for the sevenpoint victory.

Houston also clinched the AFC South with its win over Jacksonville and will host Kansas City after the Chiefs beat Oakland for their 10th straight victory. THE ASSOCIATED PRESS

22 Monday, January 4, 2016 **metr** SPORTS

NB/

Bulls' Butler serves up loss to Raptors

Jimmy Butler scored all but two of his 42 points in the second half Sunday to lift the Chicago Bulls over the Toronto Raptors 115-113.

DeMar DeRozan had 24 points for the Raptors (21-14), while Kyle Lowry added 22 points and 10 assists. Luis Scola had 22 points, Cory Joseph finished with 13 and DeMarre Carroll added 10. Pau Gasol added 19 points for a Bulls team (20-12) missing star point guard Derrick Rose. The Raptors were looking for payback, winless in their previous six games against the Bulls, including a 104-97 defeat just six nights earlier in Chicago.

Toronto led for virtually all but the first quarter in a thrilling Eastern Conference matchup Sunday, taking an 87-81 advantage into the fourth quarter in front of a capacity crowd of 19,800 fans at the Air Canada Centre. But Butler was

SUNDAY in Toronto



unstoppable down the stretch, and when he drilled a three in DeRozan's face with two-and-ahalf minutes to play, it pulled the Bulls to within two points.

E'Iwaun Moore's basket with 58 seconds would tie the game, and then Butler launched a three over Carroll with 31 seconds to play to put the Bulls up by a point. A Jonas Valanciunas dunk with five seconds left had the Raptors — who are two spots ahead of Chicago and second in the East — within two points, but DeRozan's three-point attempt clanged around the rim before missing its target.

NCAA

Simmons' solo act earns Tigers victory

Ben Simmons STACY

Ben Simmons used his Southeastern Conference debut to remind everybody why he was the league's preseason player of the year.

Simmons scored 36 points and grabbed 14 rebounds as the LSU Tigers beat Vanderbilt 90-82 Saturday night in the SEC opener for both teams. He scored 18 in each half, and he also had four assists to go with a steal and one block.

"I knew the bigs REVERE/GETTY IMAGES couldn't guard me,"

Simmons said. At one point in the second half, LSU coach Johnny Jones let Simmons handle the ball to slow down the game when Vanderbilt went small. "To do that your first night out in this

type of environment here says a lot about him," Jones said.

Keith Hornsby added 23 points, and Craig Victor II add-

ed 11 as the Tigers (8-5) picked up their fourth victory in five.

Jones has yet to lose to Vanderbilt, improving to 5-0 even with this the third straight at Memorial Gym in this series. Vanderbilt (8-5) came in leading the SEC in scoring defence, holding opponents to 61.8 points, and third

points, and third nationally holding opponents to 35.8 per cent shooting. With 7-foot-1 junior Luke Kornet still out with a torn MCL, the Commodores struggled to slow down Simmons. THE ASSOCIATED PRESS

Renney backs Team Canada brass following early exit

WORLD JUNIORS

Tom Renney came to the defence of Canada's coaching staff at the world junior hockey championship on Sunday.

The president and chief executive officer of Hockey Canada spoke a day after Canada dropped a 6-5 decision to Finland in the quarter-finals of the international event, guaranteeing a sixth-place finish at the tournament. It is the lowest Canada has placed at the world juniors since 1998.

"I thought our team was very well-prepared, I thought we had as good a coaching staff at the competition as anyone," Renney said in a conference room at the team's hotel. "There's no doubt in my mind that our guys put the time and effort in to have the team ready to go.

"There is a point in time where that transfer of responsibility goes from the coach to the player."

Head coach Dave Lowry's squad of under-20s struggled throughout the tournament with discipline on the ice. Canada took 10 minor penalties in a 5-2 loss to Sweden in the final game of the preliminary round before taking nine penalties in the quarterfinal loss to Finland.

A particularly costly series of events saw forward Jake Virtanen — on loan from the NHL's Vancouver Canucks — take a double minor



John Quenneville, left, and Travis Konecny react following Canada's loss to Finland in Helsinki on Saturday. SEAN KILPATRICK/THE CANADIAN PRESS

in the third period against Finland. While killing that penalty defenceman Joe Hick-

etts took a delay of game penalty when trying to clear the puck.

It was during the ensuing 5-on-3 that Patrik Laine scored the game-winning goal for Finland.

"That's the beauty of this event," said Renney. "We're talking about

teenagers that are having to deal and cope with situations in the spontaneity of playing hockey that sometimes work against you and sometimes don't. "The bottom line is

that the coaching staff did an excellent job."

In stead,
Representation

percentage, which was second-worst in the 10-team tournament. Goaltenders Mackenzie Blackwood and Halifax's Mason McDonald combined for a 3.58 goals-against average.

Canada's team save

'The coaching staff did an excellent job'

on't. "The bottom line is that the coaching staff did an

Instead, Renney pointed to the performance of goaltenders Mackenzie Blackwood and Mason McDonald and Canada's power play and penalty kill units.

"At the end of the day, our special teams needed to maybe perform a bit better," said Renney. "When your save percentage is under .900 everyone knows that it's going to be tough to win. There's no question about that."

Canada's team save percentage was second-worst in the 10-team tournament at .860 and Blackwood and McDonald combined for a 3.58 goals-against average.

The Canadian power play was tied with Russia as second-best at the world juniors (up to quarter-final play) with a 33 per cent conversion rate. Its penalty-killing unit, however, was dead last with a 58.82 percentage.

NHL IN BRIEF

Blackhawks loan D-liner Rundblad to Swiss team

The Chicago Blackhawks have loaned defenceman David Rundblad to the ZSC Lions in Switzerland. The Blackhawks announced the move on Sunday.

The 25-year-old Rundblad, a native of Lycksele, Sweden, has two assists in nine games with Chicago this season. He has four goals and 21 assists in 113 career NHL games. THE ASSOCIATED PRESS

Habs' Weise facing absence after Winter Classic injury

Montreal Canadiens forward Dale Weise was placed on injured reserve Sunday after suffering an upper-body injury in a 5-1 win over Boston at the Winter Classic on New Year's Day.

Weise, 27, is expected to be out of the lineup for two to three weeks. The Winnipeg native has 20 points (11 goals, nine assists) in 40 games this season.

THE CANADIAN PRESS

U.S. coach Wilson: Canucks paid the penalty

As Team USA prepared for its semifinal match against Russia, coach Ron Wilson took a few minutes to offer his opinion on Canada's unexpected early exit from the world junior hockey championship.

"That's the nature of this tournament," said Wilson, ex-coach of the Maple Leafs. "It doesn't matter who you are, or what your history is as a nation."

From Wilson's perspective, Canada took too many penalties, not only all tournament long but in particular its 6-5 quarter-final loss to Finland. The Finns scored three times on the powerplay, including the winner.

"That's the one thing you can't do," said Wilson. "You can't play Finland in Finland — a decent team — and you're spending all the time in the penalty box.

"I talked to (Canadian coach) Dave Lowry about that: 'Dave, you're better than Finland, but Finland has the best power play in the tournament. Why would you put yourself in a position to have to kill any penalties?' If a guy slaps you back, you just have to turn and skate away."



If a guy slaps you back, you just have to turn and skate away.

Ron Wilson's advice to Canada

Canada was the second most penalized team in the tournament, taking 25 minor penalties over five games, and had the worst penalty killing record. The Americans, by contrast, are the least-penalized team in the tournament, with 14 minors taken, and have failed to kill only one penalty.

only one penalty.

"You have to be disciplined," said Wilson. "That's what everybody said coming in. That's what everybody warns you about. We've set out not to take penalties and so far we've been pretty good at it. As for what's in store, Wilson said he knows what to do ahead of USA's clash with Russia. "We got to play our game," said Wilson. "The mood of the team is very good. We've just got to show up and play. So far it's worked." TORSTAR NEWS SERVICE

metr@PLAY Monday, January 4, 2016

RECIPE Sweet and Spicy Salmon



Ceri Marsh & Laura Keogh For Metro Canada

Today is Ceri's birthday so we'll be eating cake, but you should totally make this. This recipe comes together so quickly and easily you have no excuse for not making a healthy dinner.

Ready in

Prep time: 25 minutes Serves 4

Ingredients

- · 3 Tbsp soy sauce
- 2 Tbsp honey

- 2 Tbsp sriracha
- 3 Tbsp water
- 4 salmon filets
- 2 tsp sesame seeds

Directions

- 1. Preheat the oven to 425 F.
- 2. In a small bowl whisk together
- the marinade ingredients. 3. Place the salmon filets on a
- rimmed baking sheet. 4. Spoon the marinade on top of the salmon and bake
- it for 15 minutes. 5. Serve with rice and greens and a sprinkling of sesame seeds.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

1. Business bigwigs 7. Scand. land 10. 'N' in #15-Across' answer, briefly 14. Turkey's capital 15. Winnipeg Jets org. 16. Female 'friend' in France 17. Wearing very highheeled shoes, say 19. Health club class 20. Diner beverage 21. Two-masted boat 22. Seize power 23. "Body's in Trouble" by Canadian singer/songwriter O'Hara 26. Perform like Magic Mike 29. "Only the _" by Roy Orbison 30. Canuck motorists org. 31. Leaky ink shape 33. Mitsou's message for her Cowboy: 2 wds. 37. Takes _ _ (Swims) 39. "And in the morning when Loggins & Messina 41. Chess piece 42. "The Blue _" by Johann Strauss Jr. 44. Be without 46. Pres. Eisenhower 47. On your marks, ..Go!

49. Stranded, cast

51. Items obtained

through hunting

awav-stvle

used to adorn traditional Inuit clothing: 2 wds. 55. Flexible 56. Spawned 57. Epochs 61. Sort of streambed 62. Can function independently - no ac-

cessories required 64. Actress Ms. Arden's 65. Nero's 151 66. Say "I'd like you to come." 67. Skin-care products suffix 68. Underworld goddess of Norse

mythology 69. Lashed lieu

DOWN 1. Low music pitch 2. Not tricked: 2 wds.

3. Become trac-4. Deli selection 6. Ancient companion for Dionysus 7. Trans-Canadian (Recreational traveller's winter route) 8. Jill of "The

5. Prior, previously

Love Boat' 9. Antiquity 10. One of the opin-

ion that it can't be done 11. French Canadian singer, France D' 12. Striped big cat ...mais en francais 13. Jumped 18. Songstress Ms. Swift 22. The _ Duckling 24. Police alert, commonly 25. Medieval bowed instrument 26. Large amount 27. "Presto!" 28. Particular precipitation 32. Eurythmics' "Would I You?" 34. Seethe 35. Oxen harness 36. Just managed, _ out 38. Boxing 40. Lustrous fabric 43. Lilith's portrayer on "Cheers" 45. Sewing collection 48. Nuanced 50. Delay or cancel 51. Made noise. crow-style 52. Plant source of tequila 53. Canadian band, Red _ 54. " and the Cruisers" (1983) starring Tom Berenger 58. Churn 59. Not in favour 60. Plant's origin

62. Educ. insti-

63. Whichever

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 If you think you cannot lose then you're halfway toward winning. A positive mental attitude is a must as you have so many things to do. You can never be optimistic enough.

Taurus April 21 - May 21 Fortune will smile on you this week, especially if you think and act quickly. Your enthusiasm will impress people and increase the odds that you'll get a good offer. Self-belief plus hard work equals success.

I Gemini May 22 - June 21 You'll be a bit emotional today but that may be no bad thing. Some people think they can let you down and get away with it. Remind them actions have consequences.

Cancer June 22 - July 23 You've realized that a certain person is no good for you, now let them know that your association is done Don't worry about hurting their feelings - it's your feelings that matter.

Leo July 24 - Aug. 23 There'll be a lot of noise this week and you'll wish you could switch off the world. That isn't going to happen so invest in a good pair of headphones. Tune out the negativity.

Virgo Aug. 24 - Sept. 23 You may be inclined to let false accusations about you pass but the planets warn if you do your reputation will suffer. Don't let anyone say bad things about you without an instant response. Stand up for yourself. Libra Sept. 24 - Oct. 23. Before the end of the month you must get both your family and financial houses in order. What you change now will determine how much fun you have later.

Scorpio Oct. 24 - Nov. 22 Something will occur today that angers you a bit but don't let your feelings get out of control. And before you make any kind of accusations make sure that the facts are correct.

Sagittarius Nov. 23 - Dec. 21 Follow your heart over the next few days or you could miss out. Where relationships are concerned, be more open and honest about how you feel. Don't be suspicious of passion, least of all your own.

Capricorn Dec. 22 - Jan. 20 Every word a certain individual says seems to rub you up the wrong way. Either stay away from them or let them know that they need to keep silent around you. The time for pleasantries is over.

Aquarius Jan. 21 - Feb. 19 A friend is going through a hard time and you want to help them Your best course of action is to keep your distance. Give them space to work things out for themselves

Pisces Feb. 20 - March 20 Mix business with pleasure, but be careful the pleasure part of the equation does not take over completely. Get your work done first, then reward vourself with a night on the town.

CONCEPTIS SUDOKU by Dave Green

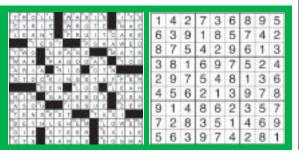
Every row column and box contains 1-9



BOXING DAY'S ANSWERS

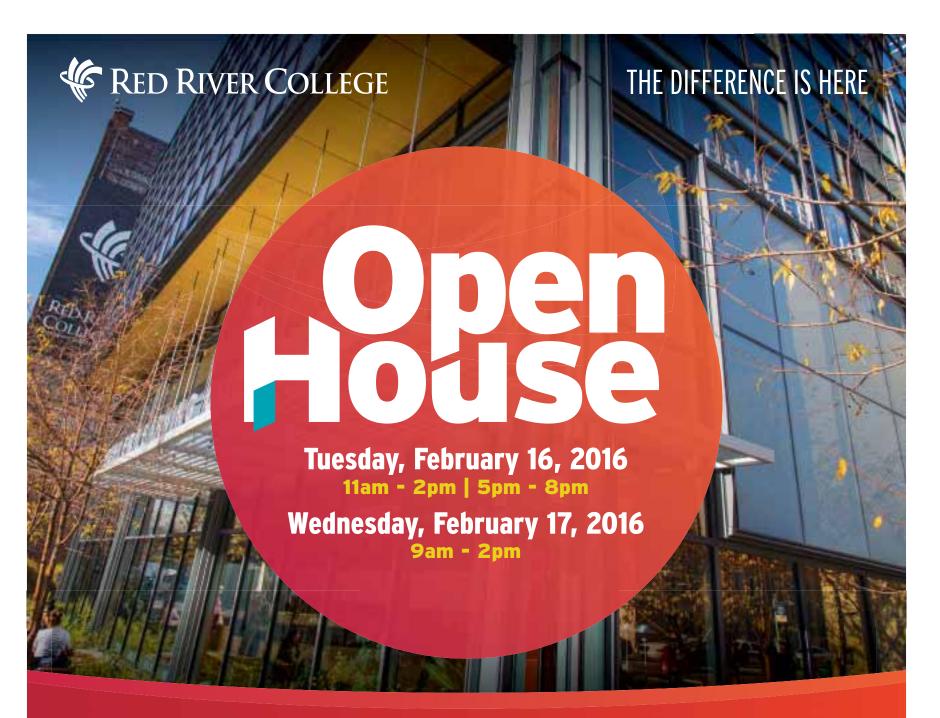
Your daily crossword and Sudoku answers.

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